



Tarpanam and Marjanam

Tarpan/Tarpanam

Tarpan is the 3rd anga of the anushthāna after japa and homa.

Counts sequence:

For example, you have completed 1250 mālās of japa:

Japa: 1250 mālās

Homa: Dashāmsa i.e. $1/10^{\text{th}}$ of the japa, which is 125 mālās.

Tarpan: $1/10^{\text{th}}$ of the mālās that goes into homā, which equals 12.5. This number has to be always rounded up higher to the next number, for example to 13 mālās in this scenario. For example in a scenario where you get 12.1 malas, the number has to be rounded up to 13. Even if you are substituting the homā with additional japa, the tarpanam count remains the same. Since tarpan is relatively easy and simple to do, it is recommended to perform it without substitution for best results.

Process

1. **Preparation of water:** Take clean water or Gangajal in a container. To make the water scented, add crushed edible camphor, attar, sandalwood powder (Chandan), or rose water.
2. **Positioning:** Sit on an āsana, with the right leg touching the ground and the left leg slightly raised.
3. **Offering:**

- A. Using your left hand, take a little scented water with an āchaman spoon or dharapatra (water holder).
- B. Place your right hand in a chin mudra.
- C. Pour the water from the achaman spoon into the palm of the right hand. While pouring, recite the mantra that you have done in the anushthāna and add "Śrī pādukaṃ tarpayāmi namaḥ" after the mantra. For example, recite:

Oṃ bhairavāya namaḥ, śrī pādukaṃ tarpayāmi namaḥ

ॐ भैरवाय नमः श्री पादुकं तर्पयामि नमः

Allow the water to pass through the middle and ring fingers.

If you have a yantra of the mantradevatā, you can drop the water onto the yantra.

Alternatively, the water can be poured into another bowl.



This completes one tarpanam. Repeat steps A to D till the required count is completed.

4. **Completion:** Once the required count is completed, pour the collected water onto plants or at the base of a tree.

Note: Use a counter to track the count. Using a counter is best in maintaining the count and facilitates the process.

Mārjan/Abhishinchanam/Mārjanam

Mārjan is the 4th anga of the anushtāna after japa, homa, and tarpanam.

Counts sequence:

Taking 1250 mālās of japa as an example:

Japa: 1250 mālās

Homa: Dashāmsa i.e. $1/10^{\text{th}}$ of the japa, which is 125 mālās.

Tarpan: $1/10^{\text{th}}$ of the mālās that goes into homā, which equals 12.5. This number has to be always rounded up higher to the next number, for example to 13 mālās in this scenario. For example in a scenario where you get 12.1 malas, the number has to be rounded up to 13. Even if you are substituting the homā with additional japa, the tarpanam count remains the same. Since tarpan is relatively easy and simple to do, it is recommended to perform it without substitution for best results.

Marjan: $1/10^{\text{th}}$ of the mālās from tarpan equals 1.25/1.3 malas. This can be rounded up to 2 mālās. Since marjan is simple and straightforward, it is recommended to perform it without substitution for best results.

Process

1. **Preparation of water:** Take clean water or Gangajal in a vessel and add crushed edible camphor, attar, sandalwood powder (Chandan), or rose water to make it scented. Add flowers or flower petals to it.
2. **Offering:** Dip a flower in the prepared water and sprinkle on one's own head. While sprinkling, recite the mantra associated with the anushtāna and add "Abhiṣiñcayāmi namaḥ." For example, recite:

Om bhairavāya namaḥ abhiṣiñcayāmi namaḥ

ॐ भैरवाय नमः अभिषिञ्चयामि नमः

Repeat step 2 till you complete the required count. Use a counter to track the count.